

4th International Public Mental Health Conference under 2014-2021 European Economic Area Financial Mechanism Program „Health“



COMMUNITY BASED PUBLIC MENTAL HEALTH INTERVENTIONS

(Hybrid event)

29th May, 2024

Conference venue:

Merchants' Club

(Pirklių Klubas, address:
Gedimino pr. 35)

VILNIUS, Lithuania

The conference is intended to practitioners, policy makers, researchers and all professionals interested in the field of public mental health. Attendants of the Conference will be issued Certificate of Attendance.

Conference language: English

EASTERN EUROPEAN TIME (EET)

8:00-9:00 **Registration, welcome coffee**

In parallel **Press conference**

OPENING CEREMONY

9:00-9:15 **Opening performance (Vilnius University Folklore Ensemble “Ratilio”)**

9:15-9:40
Aurimas Pečkauskas, Vice Minister, Ministry of Health of the Republic Lithuania
Eirik Lyberg Bergene, Deputy Head of Mission, Norwegian Embassy in Vilnius
Prof. dr. Dalius Jatužis, Dean, Faculty of Medicine Vilnius University
Gudrun Dogg Gudmundsdottir, Senior Sector Officer, EEA and Norway Grants

KEY NOTE PRESENTATIONS

9:40-9:50 **EUPHA Collaboration for Better Mental Health**
Charlotte Marchandise
Executive Director
European Public Health Association

9:50-10:00 **2014-2021 European Economic Area Financial Mechanism Program “Health”
and Bilateral Cooperation with Norway**
Gytė Sirgedienė
Head of Investments Implementation Division at Department of Investments
Ministry of Health of the Republic Lithuania

SCIENTIFIC SECTION

10:00-10:20 **Public Mental Health: Lithuanian Perspective**
Assoc. Prof. Dr. Marija Jakubauskienė
President
European Public Health Association Mental Health Section
Department of Public Health
Institute of Health Sciences
Faculty of Medicine
Vilnius University

10:20-10:40 **Advancing Child and Adolescent Health through Youth-Driven Interventions**
Assoc. Prof. Dr. Lourdes Cantarero Arevalo
Faculty of Health and Medical Sciences
University of Copenhagen
European Public Health Association Child and Adolescent Health Section

10:40-11:00 **Families and Mental Health, relationships and Public Mental Health**

Prof. Dr. Jutta Lindert
President
World federation of Public Health Public Mental Health Section
Vice-President
European Public Health Association Mental Health Section
Faculty of Health and Social Work
University of Applied Sciences Emden / Leer

11:00-11:30 **Coffee break**

POLICY SECTION

11:30-11:50 **Transforming Services Across the Life-course for Strengthening Mental Health of Families and Communities**

Ingrida Zurlytė
Head of Country Office Lithuania
World Health Organization

11:50-12:10 **EU Policy in the Field of Children's and Adolescents' Mental Health**

Gabriella Sutton
Project Coordinator
EuroHealthNet

12:10-12:30 **Northern Countries' Policies on Child Well-being**

Jan Vegard Pettersen
Senior Adviser
Department of Child and Youth Health
Norwegian Directorate of Health

12:30-13:00 **Panel Discussion**

Deliberate speakers:
Ignas Rubikas, Head, Mental Health Division, Ministry of Health of the Republic Lithuania
Edita Laurinavičienė, Director, Department of Investments, Ministry of Health of the Republic Lithuania
Audrius Ščeponavičius, Director, Department of Public Health, Ministry of Health of the Republic Lithuania
Kristina Stepanova, Head, Family and Child Rights Protection Group, Ministry of Social Affairs and Labour
Solfrid Johansen, Senior Adviser, Donor Programme Partner, Norwegian Directorate of Health
Gudrun Dogg Gudmundsdóttir Senior Sector Officer, EEA and Norway Grants

13:00-14:20 **LUNCH**

PRACTICAL IMPLEMENTATION OF PUBLIC MENTAL HEALTH INTERVENTIONS

14:20-14:35 **Evaluation of Public Health Interventions in Lithuania**

Prof. Dr. Mindaugas Štelemėkas
Institute for Health Research
Lithuanian University of Health Sciences

INTERVENTIONS FOR FAMILIES, MOTHERS, AND YOUNG CHILDREN

14:35-14:50 **Home Visitation Services in Iceland from the Perspective of Mother / Children Mental Health**

Ástþóra Kristinsdóttir
Midwife specialist/nurse
Development Centre for Primary Healthcare in Iceland (DCPHI)

14:50-15:05 **Family Visiting Early Intervention Programme in Lithuania:
Evaluating Inside from the Mothers' Perspective**

Assoc. Prof. Dr. Alina Vaškelytė
Faculty of Nursing
Lithuanian University of Health Sciences
Prof. Dr. Ilona Tamutienė
Department of Public Administration
Vytautas Magnus University

15:05-15:20 **The Incredible years® Programme in Lithuania**

Dr. Rolanda Valintėlienė

Head

Centre for Public Health Technologies

Institute of Hygiene

Bjørn Brunborg

Special Adviser

NORCE Norwegian Research Centre

RKBU Vest

Regional Centre for Child and Youth Mental Health and Child Welfare

15:20-15:35 **„The Family’s Voice in Integrated Services. Perspective of the ONE STATION center“**

Virginija Pleckevičienė

Managing Director

SOS Childrens’s Villages Association in Lithuania

15:35-15:55 **Coffee break**

INTERVENTIONS FOR ADOLESCENTS AND ADULTS

15:55-16:10 **The Evaluation of Prompt Mental Health Care, the Norwegian Version of Improving Access to Psychological Therapies (IAPT)**

Dr. Robert Smith

Research Professor

Department of Health Promotion

Norwegian Institute of Public Health

16:10-16:25 **Low Intensity Cognitive Behaviour Therapy Based Intervention in Lithuania**

Assoc. Prof. Dr. Alicja Juškienė

Behavioural Medicine Laboratory

Neuroscience Institute & Department of Health Psychology

Faculty of Public Health

Lithuanian University of Health Sciences

16:25-16:40 **Youngsters With Challenging Behaviours:
Multidimensional Family Therapy Programme as a New Approach in Lithuania to Tackle the Issue**

Kristina Stepanova

Head

Family and Child Rights Protection Group

Ministry of Social Affairs and Labour

16:40-17:00 **Discussion / Q&A session**

17:00-17:20 **CLOSING CEREMONY**

17:20-18:00 **Closing interactive performance (Vilnius University Folklore Ensemble “Ratilio”)**

18:00 **Closing reception / networking**
Hilton Garden Inn, Gedimino av. 44B, Vilnius.