

## **SKELETAL SYSTEM**

- The skeletal system includes all of the bones and joints in the body. An adult body is made up of 206 individual bones.
- The skeleton acts as a scaffold by providing support and protection for the soft tissues that make up the rest of the body.
- The skeletal system also provides attachment points for muscles to allow movements at the joints.
- The skeleton grows throughout childhood and provides a framework for the rest of the body to grow along with it.

