

Resilient Minds, Vulnerable Minds – Understanding Cognitive Ageing

Venue: Medical Science Centre, Vilnius University, Žaliųjų Ežerų St. 2, Vilnius, Lithuania

Date: October 16, 2026

PROGRAM

09:00–09:20		Welcome and Introduction
09:20–10:00	Genevieve Steiner-Lim	Teaching an Old Brain New Tricks: Early Intervention for Dementia
10:00–10:20	Andrea Vranić	Beyond Cognitive Exercise: Rethinking Cognitive Training in Ageing and Early Dementia
10:20–10:40	Aurimas Mockevičius, Jūratė Charenkova	Towards Personalised Interventions for Cognitive Ageing: EEG-Based Gamma Neurofeedback in Older Adults
10:40–11:00		Quiz: What Do We Know About Ageing?
11:00–11:15	Gabriella Caballero	Increasing Dementia Awareness and Support through Multi-Stakeholder Co-Design: An Australian Case Study
11:15–11:30	Bootcamp	Co-Designing Dementia Awareness-Raising Sessions: Translating Research into Public and Patient Engagement
11:30–12:00	Edwin Lim	Altered Tryptophan Metabolism in Neuroinflammation
12:00–13:30		Lunch / Degustation / Networking
13:30–13:50	Eglė Audronytė	The Scent of Cognitive Ageing: Olfactory Dysfunction as a Window into Brain Health
13:50–14:10	Ramunė Dirvanskienė	Beyond a Single Cut-Off: Demographically Adjusted Norms and Cross-Version Comparability of the Lithuanian ACE-III
14:10–14:30	Kristīne Šneidere	Building a House and Living in It: Developing, Adapting and Using Cognitive Assessment Tools in Research and Practice
14:30–14:40	Bootcamp	Building and Harmonising Tools for Early Cognitive Change
14:40–15:00	Agnese Ušacka	Estimating Cognitive Reserve in Ageing: Combining Proxy, Neural and Residual Measures
15:00–15:10	Bootcamp	Lifespan Brain Dynamics and Early Cognitive Change: A Microstate-Based Approach
15:10–15:30	Svitlana Surodina, Daria Volkova	Advancing Responsible AI Innovation in Cognitive Health Across the European Ecosystem
15:30–16:00		Panel Discussion: From Community Screening to Neuroimaging, From Early Change to Intervention

Register using the [link](#) until **October 10**