

# VILNIUS UNIVERSITY FACULTY OF MEDICINE

# FRESHMANS' GUIDE

Dear colleagues,

To ensure a smooth integration into university life, we have prepared this information guide - we hope you find it helpful!

Your mentors are already looking forward to meeting you!



### Accomodations in Vilnius

#### **VILNIUS UNIVERSITY DORMITORY**

We recommend staying on Olandu street 51 or Sauletekio avenue 39! You can apply online or contact: accommodation@vub.lt or +370 618 62281.



#### Private apartments

International students mostly use <u>Aruodas</u>.
You can also check Facebook groups (Foreigners in Vilnius; IknowflatinVilnius).

Read the contract carefully and ensure all terms are clear and obtain the owner's explicit permission to declare your residency at that address.

# Living in Vilnius

# Apps, suitable for using public transit in Vilnius:

- Trafi (tickets and timetables)
- m.Ticket (tickets, but only in Lithuanian language)

You can also get a "JUDU kortele" from "Narvesen" and activate your ticket in bus.



# VU and Vilnius city libraries

**VU Faculty of Medicine Library** (M. K. Čiurlionio g. 21, ground floor) - 24/7. LSP is required to enter the library after 9pm. The main place to find literature of the medical field.





**MKIC** (Saulėtekio al. 5) - 24/7\*, However an LSP is required to enter the premises between 9pm and 9am. This is the biggest study area in the university. Moreover, it has a number of personal study rooms to reserve for oneself for free.

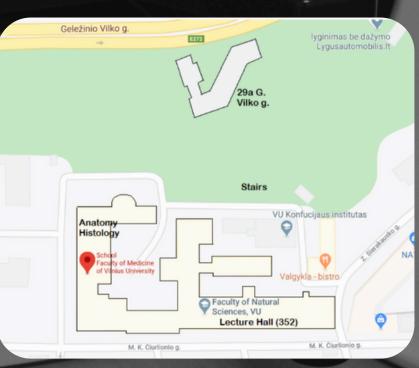
**VU Central Library** (Universiteto g. 3) - consists of multiple reading rooms. Open at 9am - 9pm on weekdays (some reading rooms close sooner), and 9 am - 4 pm on Saturdays. LSP is always required to enter the library. Premises are not extremely big, but they are very cozy.

The National Library of Martynas Mažvydas (Gedimino pr. 51), open 10 am - 9 pm on weekdays and 10 am - 6 pm on weekends.

#### Locations •

# Depending on your programme in the Faculty of Medicine, you may have seminars in these buildings:

- VU Faculty of Medicine (M. K. Čiurlionio g. 21);
- Geležinio Vilko g. 29A Can be reached via a flight of stairs, covered in a glass corridor. It is found behind the faculty, in the parking lot;



# Locations



Vilniaus universiteto ligoninės Santaros klinikų (VULSK) - Santariskiu g. 2



Respublikine Vilniaus Universitetine ligonine (RVUL) - Šiltnamių g. 29



<u>Vilniaus miesto klinikine ligonine (VMKL) -</u>
<u>Antakalnio g. 57</u>



<u>Žalgirio klinika</u> (Institute of dentistry) Žalgirio g. 115, 117



VU Medical Science Center Žaliųjų ežerų g. 2

### **Student life at VU**

#### **VILNIUS UNIVERSITY HEALTH AND SPORT CENTRE**

Three sports facilities - M. K. Čiurlionio g. 21, Saulėtekio al. 2, Saulėtekio al. 26.

Here you can train on your own (in the gym, jog in the stadium, or with a team – play football, basketball, table tennis, volleyball, etc.) or attend the group classes offered.

#### **VILNIUS UNIVERSITY CULTURE CENTRE**

Vilnius University Culture Centre unites 15 art groups - choirs, orchestras, theaters, ensembles and more. Vilnius University Culture Centre also carries out other creative activities and organises various events.

#### **SOCIETIES, CLUBS, PROJECTS**

Many different societies, clubs and individual projects have emerged in the Vilnius University community, which invite you to spend your free time actively, as well as to deepen your knowledge in your field of study or to acquire new skills.

### Healthcare

All international students are responsible for obtaining medical insurance valid in Lithuania for the study period.

112 is the emergency number to call in urgent cases!

Participate in the VU first-year students' integration days **StudentAUK** 

Register for a Student ID card (LSP)

Register in the VU Identity Management System and check out all services and login to VU IS

Log in to VU E-mail and integrate it into your personal mailbox

Install VU VPN and the two-step authentication system

Take a good look at your <u>timetable</u> (your study groups will be announced in September)

Get the contact details of your mentors and always know where to ask questions, if needed

Sign your student's Study Agreement on the 2<sup>nd</sup> of September, during the meeting with <u>VU Faculty of Medicine</u> Study department

Like the "<u>Vilniaus universitetas / Vilnius University</u>", "<u>VU</u>

<u>Medicinos fakultetas / VU Faculty of Medicine</u>", "VU SA" , "<u>VU SA MF</u>" pages

#### **Student ID**

- We encourage you to order your Student ID (LSP) as soon as possible!
- The LSP **is required** for taking exams and colloquiums, using the Vilnius University library, and accessing VU's internal information system.
- Public transport discounts and other student benefits are here.
- The LSP includes the European Student Card, valid in all European countries.



The ISIC card proves your academic status in Lithuania and 130 other countries worldwide.

\*But you still need LSP!

Students with an ISIC card can use their virtual card as well.

#### **VU Identity management-**

A student who has started their studies at Vilnius University must register in the VU Identity Management System at <a href="https://id.vu.lt/">https://id.vu.lt/</a> by clicking on the "REGISTER" button



For registration you need to know your student ID (LSP) number.

# When you sign up in the e-Identity Management System ID.VU.LT, it provides the following e-services:

- VU e-mail address and mailbox
- Access to VU IS Studies Virtual Student Workstation eStudent
- Permission to connect to VU VPN
- Permission to connect to wireless network eduroam
- Access to shared computers

# Personalised email mailboxes in VU Office 365 cloud



All VU students are provided with spacious (100 GB) personalized email mailboxes in the VU Office 365 cloud (accessible via office365.vu.lt).

VU students are granted access to the Office 365 application package, which includes Word, Excel, PowerPoint, OneNote, Outlook, and more.

Office 365 can be installed by logging in to the student's Office 365 account.

#### VU IS eServices system

# By logging into VU eServices system you can:

- Find out what your group in the new study program will be, find study schedules, exam grades, and your ranking among the top-performing students;
- choose elective optional and individual study courses;
- print tuition fee invoices;
- submit various applications;
- fill semester surveys!



# **Authentication**

The University is implementing a multi-factor authentication (MFA) system to enhance the security of data within the Vilnius University network.

Instructions on how to log in can be found here.

If you need assistance with setting up the application, please contact VU ITPC by sending a request to: pagalba@vu.lt.

### **VU VPN**

A computer network service provided by the VU Information Technology Services Centre. This is convenient when you want to use services or systems that are only accessible from the VU computer network.

How to install VPN?

#### Provides access to the VU Library's <u>subscription databases</u>:

- Complete Anatomy a 3D atlas of anatomy accessible via a mobile app;
- ClinicalKey a medical information retrieval system providing access to Elsevier's medical and surgical content;
- Access Medicine textbooks, interactive learning modules, information on diagnostic tests and differential diagnosis, and a database of drugs;
- PubMed an archive of publications in the biomedical and life science fields;
- **MEDLINE** a bibliographic database of topics in medicine and health sciences.



# Schedules

You can find your study schedule here.

\*Your study group WILL BE KNOWN ONLY IN SEPTEMBER

# First lecture of a course (module)

The first lecture of a course unit (module) is very important. During the lecture, the lecturer must present a detailed description of the course unit (module), which will be followed throughout the semester:

- The syllabus of the course unit (module);
- The form and procedure of assessments and examination;
- The assessment criteria;
- The requirements to be allowed to take the examination;
- The list of required literature;
- The information presented during the first lecture cannot be changed during the semester;
- The description of the subject/module is published in the VU information system.

A missed or improperly delivered lecture is registered here: <a href="https://bit.ly/30Vui5G">https://bit.ly/30Vui5G</a>

### Tuiton fee

The subsequent payments must be done before the end of the first month of the corresponding semester.

You may be allowed to pay tuition fees in instalments or postpone the payment of a tuition fee. Applications must be submitted via eStudent environment.

More information here!

# **Incentive scholarships**

Merit-based scholarships for high-achieving students are awarded and disbursed twice per academic year - at the beginning of the autumn and spring semesters, following the completion of the academic performance ranking process for the previous semester.

The amount of the incentive scholarship per semester is 11 BSI. The BSI (Basic Social Benefit) is a state-determined value, currently set at €70.00 per month.

This scholarship is awarded automatically, no application is required.

### VU scholarships

- Incentive Scholarship for particularly good academic performance;
- Community Support Scholarship in the event of the death of a loved one, a natural or other disaster, illness or other similar event (criteria);
- Community Service Scholarship for individual achievements that contribute to the future of society;
- Scholarship for sporting achievements for those who have been particularly active in sporting activities of the University's sports teams or in individual sports, sporting achievements on behalf of the University;
- Scholarship for scientific achievements for students who have been distinguished by their mature scientific activity.

# VU parking

#### Free parking lots relevant for VU FM students:

- M. K. Čiurlionio St. 21/27 (Faculty of Medicine / Dormitory parking lots)
- Saulètekio Ave. 9 (VU Information Technology Service Center), convenient for parking when coming for exams / assessments



You need to register your vehicle beforehand: <a href="https://bit.ly/3Uv1B2l">https://bit.ly/3Uv1B2l</a>

# Contacts

#### If you have any questions, be sure to contact your group or study programme mentor!

For a list of all mentors, please click here: https://mf.vusa.lt/lt/kontaktai/kuratoriai or contact international@mf.vusa.lt.

#### **Academic consultant**

Miglė Žuromskaitė Responsible for providing consultations. Advises and manages transfer requests from other universities to VU Faculty of Medicine. Schedule appointment in advance **here**!

#### **Coordinator of International Integrated Studies**

Giedrė Nenartavičienė Responsible for administration of integrated study programmes in Medicine (EN) and Dentistry (EN). Also - academic ranking of students, scholarships, retakes of courses, e-requests, and settlement with the university. M. K. Čiurlionio str. 21, Room 113\* Phone: (0 5) 239 8761 E-mail: undergraduate@mf.vu.lt \*for any in-person arrangements, please contact by email in

Meilė Juršienė Responsible for internship, issuing certificates.

M. K. Čiurlionio str. 21, Room 114

Phone: (0 5) 239 8765 E-mail: internship@mf.vu.lt



#### See you at the integration week events!

advance.

Guide created by:

VU SR Faculty of Medicine and VU SR International Students' Representation







